	_____'s Practice Chart Date: 0/00/0000							
		Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
GETTING STARTED	Rest Position - Take a Bow - 1,2,3 and SMILE (keep both arms resting)	☐	☐	☐	☐	☐	☐	☐
	Little Mountain - turn head freely	☐	☐	☐	☐	☐	☐	☐
	Flowing - playing feet, resting arms, listen track 10	☐	☐	☐	☐	☐	☐	☐
CHANT AND SING (keep playing feet and resting arms) FLOW	Sing the Strings - track 1	☐	☐	☐	☐	☐	☐	☐
	Taka Taka Stop Stop - track 2-5	☐	☐	☐	☐	☐	☐	☐
	Ice Cream Shh Cone - track 11-13	☐	☐	☐	☐	☐	☐	☐
	Stop Pony Stop Pony - track 15-17	☐	☐	☐	☐	☐	☐	☐
	Beautiful Butterfly - track 19-21	☐	☐	☐	☐	☐	☐	☐
	Motorcycle Motorcycle - track 23-25	☐	☐	☐	☐	☐	☐	☐
BOW HAND	Thumb Bows	☐	☐	☐	☐	☐	☐	☐
	Peek Hole (pick up erasers with smiling thumb and middle finger)	☐	☐	☐	☐	☐	☐	☐
	Peek Hole - Table - Swan (place eraser on table and count to 6)	☐	☐	☐	☐	☐	☐	☐
VIOLIN HAND	Finger Numbers	☐	☐	☐	☐	☐	☐	☐
	Candy Canes	☐	☐	☐	☐	☐	☐	☐
LISTENING	Listen Suzuki Book 1 (from dropbox, or Suzuki Evergreens Vol 1)	☐	☐	☐	☐	☐	☐	☐